

CARDIOMETABOLIC SYNDROME CONFERENCE

A POPULATION HEALTH CRISIS

AUG 23, 2024

texasheart.org/cardiometabolic2024

COURSE DIRECTORS

Joseph G. Rogers, MD
Stephanie Coulter, MD

LOCATION

The Denton A. Cooley
Auditorium at
The Texas Heart Institute,
Houston, Texas

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AGENDA - Friday, August 23, 2024

7:00-7:45 Registration & Breakfast

7:45-8:00 Welcome and Review of the Program

We Know What To Do... Why Isn't It Working?

Joseph G. Rogers, MD

President and CEO, The Texas Heart Institute

OPENING PLENARY SESSION

8:00-8:30 **Defining the Epidemiologic Scope of Cardiometabolic Syndrome**

Ambarish Pandey, MD, MSCS, FAHA

The University of Texas Southwestern Medical Center

8:30-9:00 **What the Guidelines Tell Us About Cardiometabolic Syndrome**

Salim Virani, MD, PhD, FACC, FAHA, FASPC

The Texas Heart Institute, Aga Khan University and Baylor College of Medicine

9:00-9:30 **Impact of Contemporary Therapies on CMS**

Christie Ballantyne, MD, FACP, FACC

Baylor College of Medicine

9:30-10:00 **Panel Discussion / Q&A**

10:00-10:15 **Break / Exhibitor Hall**

DIAGNOSIS AND MEDICAL MANAGEMENT

10:15-10:35 **We Have the Tools, It's Time To Unite: The Intersection of CMH & MASLD/MASH**

Joseph Galati, MD, FAASLD, FACG

Liver Specialists of Texas and Houston Methodist

Author: Eating Yourself Sick: How to Stop Obesity, Fatty Liver, and

Diabetes from Killing You and Your Family

10:35-10:55 **From Streets to Heartbeats: Urban Environment and Cardiometabolic Health**

Sadeer Al-Kindi, MD, FACC

Houston Methodist DeBakey Heart & Vascular Center | Center for Health & Nature

10:55-11:15 **Cardiometabolic Syndrome in Children: A Sign of Things To Come**

Sanjiv Harpavat, MD, PhD

Baylor College of Medicine and Texas Children's Hospital



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- 11:15-11:35** **Cardiometabolic Syndrome in Women**
Stephanie Coulter, MD, FACC, FASE
The Texas Heart Institute and Baylor St. Luke's Medical Center
- 11:35-Noon** **Panel Discussion / Q&A**
- Noon-1:15** **LUNCH & FIRESIDE CHAT**
Moderator: Joseph G. Rogers, MD
- 12:30-1:15** **Behavior Change and Health Outcomes in the Age of AI**
Arianna Huffington
Co-founder of The Huffington Post
Founder and CEO, Thrive Global
Author: Thrive: The Third Metric to Redefining Success and Creating a Life of Well-Being, Wisdom, and Wonder and The Sleep Revolution: Transforming Your Life, One Night at a Time
- TECHNOLOGY & DIGITAL HEALTH INNOVATIONS:
NON-MEDICAL MANAGEMENT**
- 1:15-1:35** **Using Big Data to Understand and Treat Cardiometabolic Syndrome**
Khurram Nasir, MD, MPH
Houston Methodist DeBakey Heart & Vascular Center,
Houston Methodist and Weill Cornell Medical College
- 1:35-1:55** **Changing Dietary Habits at the Population Level**
Shreela Sharma, PhD, RD, LD
Center for Health Equity, UTHealth School of Public Health
The University of Texas Health Science Center at Houston
- 1:55-2:15** **Implementation Science to Improve Patient Engagement and Leveraging Systems to Enhance Care**
Neha J. Pagidipati, MD, MPH
Associate Professor of Medicine, Duke Clinical Research Institute
- 2:15-2:30** **Panel Discussion / Q&A**
- 2:30-2:45** **Break / Exhibitor Hall**

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RESEARCH AND COMMUNITY HEALTH PRIORITIES

- 2:45-3:05** **Looking at Community Health Trends with Survey Data:
The Greater Houston Community Panel**
Dan Potter, PhD
*Director, Houston Population Research Center (HPRC)
Kinder Institute for Urban Research at Rice University*
- 3:05-3:30** **The Role of Local and State Governments**
Moderator: Joseph G. Rogers, MD

Stephen L. Williams, MEd, MPA
Director of Health & Human Services, City of Houston
- 3:30-3:50** **Leveraging Community Resources to Support Mental Health
in the Workplace**
Katie Pryor
*Executive Vice President and Chief Operating Officer
Greater Houston Partnership*
- 3:50-4:10** **An Employer Perspective on Community Health Initiatives**
Megan Rose
*Senior Director, Strategic Initiatives
Center for Houston's Future*
- 4:10-4:40** **National Priorities on Lifestyle and Cardiometabolic Health**
Chiadi Ndumele, MD, PhD, MHS
*Johns Hopkins University
Chair, Council on Lifestyle and Cardiometabolic Health
American Heart Association*
- 4:40-5:00** **Panel Discussion / Q&A**
- 5:00** **Adjourn**